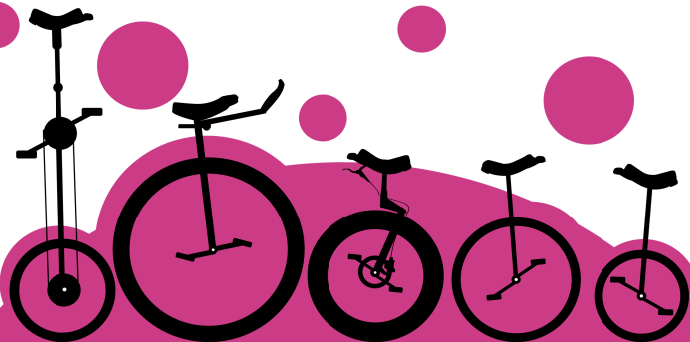


The Australian Unicycle Society presents

ABN 11598822426



UNINATS

2018

GEELONG, VIC

21-24TH SEPTEMBER

AUSTRALIAN
UNICYCLE
SOCIETY



13th Australian National Unicycling Championship and Festival

Friday 21 September - Monday 24 September

Welcome

Hello and welcome to Australia's 13th Uninats, being held in Geelong! Make yourself at home, relax, look around, learn, compete, share skills and enjoy yourself!

If this is your first Uninats, then an extra special welcome - we hope you have a great time and take your unicycling to a new level. Enjoy!

- Uninats 2018 Organising Committee -

Contact

You can usually find all the information you need at the check-in, in this program or by asking someone. If not, the organisers can be contacted on: **0427755666** or via Facebook page '**Uninats 2018 - Geelong**', if you need urgent assistance.

First Aid

First aid officers, a full first aid kit and transport assistance will be available at all events in case of a serious injury. However, you should carry your own antiseptic, band aids and other basic supplies and be prepared to deal with minor bumps, cuts and abrasions yourself.

In case of an emergency, **dial 000**. This program has all the venue addresses. You must also advise the organisers of any injuries requiring medical attention **before leaving the venue** - see contact details above.

Protective Gear

You must wear a **helmet, gloves and knee pads** for most events - including for track events, 5/10k and Muni. You are advised to wear sufficient additional safety equipment according to the needs of each event and your ability level.

It is your own personal responsibility to wear your safety gear - even if you are not stopped or reminded by an official.

Insurance and Liability

Unicycling is fun but we take safety seriously. Please ride responsibly and be especially aware of non-riders and members of the public.

Riders should arrange any required accident and ambulance insurance prior to participation. AUS Insurance is intended to cover public liability and negligence claims only, not your medical expenses or reckless actions.

The AUS does not accept responsibility for injury, hospital or medical cover for competitors.

All riders in Uninats 2018 must be members of the Australian Unicycle Society and all participants agree to the assumption of risk included in the AUS membership conditions. Your entry in any event or activity associated with Uninats indicates your acceptance of the conditions of participation.

Prize Ribbons

Ribbons will be awarded for 1st, 2nd and 3rd places in each category of each event, either after each event or at the end of each day. Unicycle.com Australia is generously supporting a number of fantastic prizes, including for overall winners and individual events and categories.

Uninats Championship Pointscore

Uninats 2018 will be running a pointscore competition to determine the overall Uninats champion(s). A point will be awarded for every event you enter with additional points awarded for 1st, 2nd and 3rd places and any new Australian records.

Pick up your scorecard at check-in, get it marked at each event and hand it to an official after your last event. Highest scorers in each category will be Uninats 2018 Champions!

Age Categories

Most events will be divided into 3 age categories: Juniors (14 years and under), Open (any age), Masters (40 years and over) on 20th September 2018. Depending on numbers, some events may further divide juniors into under 10 years and 10-14 years. For most events, there will also be separate gender categories.

Wheels, Tyres, Cranks & Pedals

Rules for wheel, tyre and cranks sizes in all events follow the rules set out in the International Unicycling Federation Rulebook 2017:

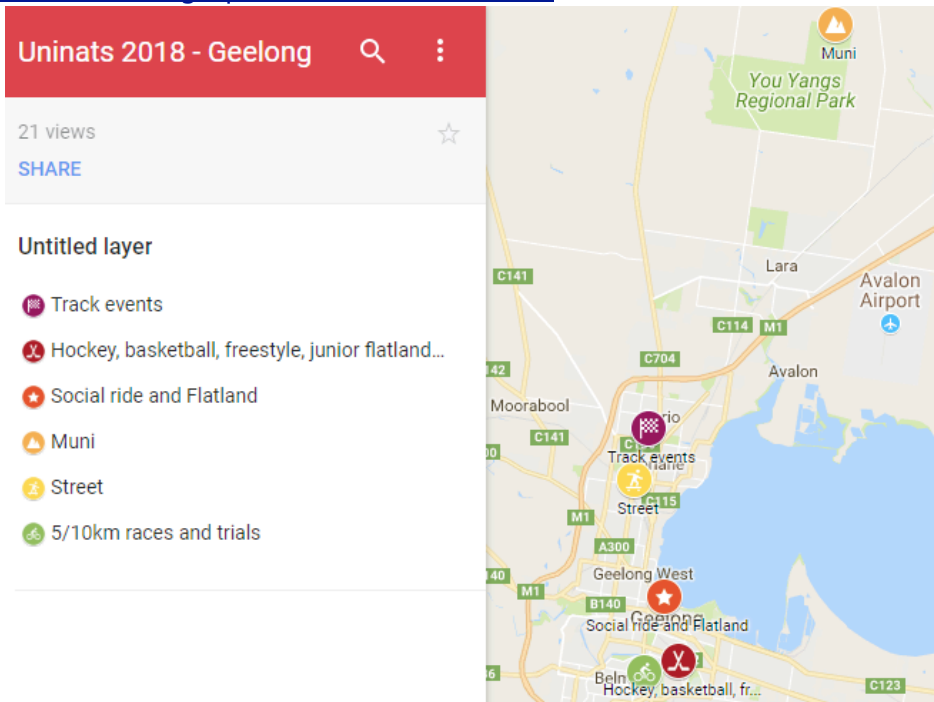
<https://unicycling.org/files/iuf-rulebook-2017.pdf>

Unicycles used in the sports hall must have non-marking tyres and plastic pedals.

Map of all venues

Also available Online - See:

<https://www.google.com/maps/d/embed?mid=1-eirPVTtHIKWnqeqlcoFXd909mckoscN&hl>



Friday 21 September

Registration, Social Ride and Expert Flatland 4:30pm - 9:30pm

Location: Geelong Skate Park, Western Beach, Geelong. -38.14229, 144.36026 .

Registration: Check-in or register to collect your rider number, wristband and buy your groovy Uninats t-shirt. Check-in will be available at most events, but please get in early as you will need to complete check-in before your first competitive event.

Transport/Facilities: Parking available at venue carpark or along Western Foreshore Rd. 5min cycle from Geelong station.

Public toilets available at venue.

Food and drinks: 5min cycle to Geelong CBD and Westfield - which has a supermarket. Fish and chip shops 50m from venue. Various food shops along waterfront.

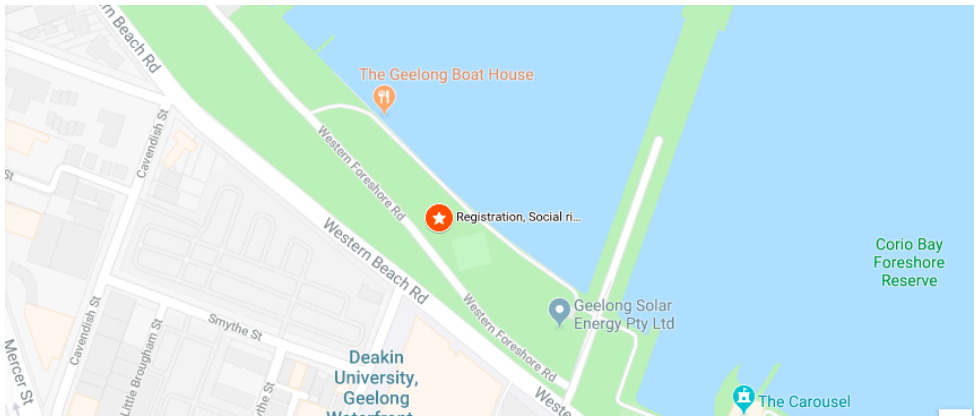
Activity:

4:30pm - 5pm	Registration
5pm - 6pm	Social Ride and Flatland set-up
6pm - 9pm	Expert Flatland Competition
9pm - 9:30pm	Flatland clean and pack-up

Protective gear: Helmet, gloves and kneepads required.

Emergencies: Call 000. Nearest public hospital is Barwon Health Hospital on Ryrie St & Bellerine St, Geelong VIC 3220. Please advise an organiser of any injuries.

Registration, Flatland and Social Ride meeting point



Local shops



Saturday 22 September 2018

Athletics 8am - 1pm

Location: Goldsworthy Reserve, Corio Vic. -38.078743, 144.352827

Registration: Check-in or register to collect your rider number, wristband and buy your groovy Uninats t-shirt. Check-in will be available at most events, but please get in early as you will need to complete check-in before your first competitive event.

BYO equipment for juggling race

Transport/facilities: Toilets available onsite. Various bus routes within 100m.

Food and drinks: Corio Central shopping centre (Bacchus Marsh Rd & Purnell Rd, Corio VIC 3214) is about 800m North.

Activity:

8am - 9am	Set up and wheel check
9am - 12:30pm	Races including 100m, one footed, backwards, ride and juggle, wheel walk, coasting, flat gliding, relay, 400m, 800m and slowboard.
12:30pm - 1pm	Pack up

All races will run back to back without waiting for missing riders - please be at the start line with your wheel, safety gear and number well before each of your races

Protective gear: Helmet, gloves and knee pads are compulsory for track events.

Emergencies: Call 000. Nearest public hospital is Barwon Health Hospital on Ryrle St & Bellerine St, Geelong VIC 3220. Please advise an organiser of any injuries.

Venue Map:



Saturday 22 September 2018

Hockey, Basketball & Games night 2pm -10pm

Location: Geelong Basketball Netball Centre, 1 Crown St, South Geelong VIC 3220.

Transport/facilities: Toilets available at venue.

Food and drinks: Cafe open from 2pm to 7pm. We will place a pizza order on Saturday afternoon for delivery during the evening. Place and pay for your orders when you check in!

Activity:

Junior Flatland competition

Freestyle (individual, pairs and group)

Hockey and basketball - teams should be pre-organised, but we can make final changes on the day. If you do not have a team then we will find you one!

Uninats party - This will be a unicycle party, so expect to ride! Some classic games you can expect - Red Rover, Dodgeball and Line-Chase Tag. And the bruisers - Gladiators, Sumo, and any others you know. Please note, no alcohol is allowed.

Annual General Meeting (AGM) of the Australian Unicycle Society (AUS). Every Uninats participant is an AUS member and entitled to vote! Come along to find out what's happening in the AUS, learn where your money is going, decide who will be the next AUS president and help choose when and where future Uninats are held!

See the afternoons program on the next page.

Activities:

Start time	Activity
1pm -1:30pm	Hockey setup/team registration
1:30pm - 5:30pm	Hockey
5:30pm - 6pm	Junior flatland & hockey packdown
6pm - 6:30pm	Basketball
6:30pm - 7:15pm	Pizza & AUS AGM
7:15pm - 8pm	Freestyle
8pm - 9:30pm	Games
9:30pm - 10:30pm	Pack up

Emergencies: Call 000. Nearest public hospital is Barwon Health Hospital on Ryrie St & Bellerine St, Geelong VIC 3220. Please advise an organiser of any injuries.

Venue Map:



Sunday 23 September 2018

Muni - 7:30am - 1pm

Location: You Yangs. Drysdale Rd, Little River VIC 3211. Access Via Drysdale Rd only. Estimated drive time 1 hour.

Transport/facilities: NO public transport available to and from the venue. Toilets on site. Car parking available off Drysdale Rd.

Food & drinks: NO FOOD AND WATER available at the venue, please bring your own!

Activities: Novice and expert XC, uphill and downhill events

Start times: See program below

Protective gear: Helmet compulsory. Gloves and knee pads are recommended.

Emergencies: Call 000. Nearest public hospital is Barwon Health Hospital on Ryrie St & Bellerine St, Geelong VIC 3220. Please advise an organiser of any injuries.

Activities:

Start time	Activity
7:30-8:30am	Set up
8:30am	Briefing and event start
8:45am - 10am	XC Novice and expert
10am - 11am	Uphill
11am - 12pm	Downhill
12-1pm	Pack up

Sunday 23 September 2018

Street comp - 4:15pm - 8pm

Location: The Park Geelong, 402 Thompson Rd, North Geelong 3215.

Transport/Facilities: Car parking, toilets, water and food at canteen prices available.

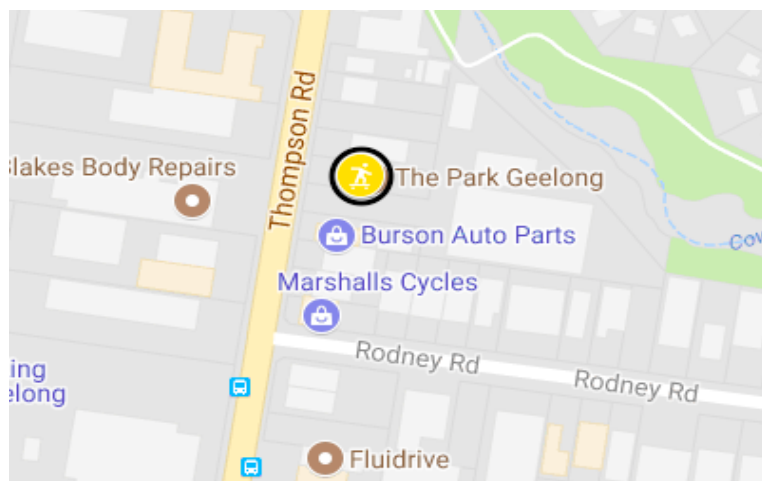
Food & drinks: Food and drink available at canteen prices. Limited food outlets nearby.

Activity:

Start time	Activity
4-4:30pm	Set up
4:15-4:45pm	Competitor warm up
4:45-6:45pm	Street competition
6:45-8pm	Free riding/pack up

Protective gear: Helmet required, gloves and knee/shin pads are strongly advised.

Emergencies: Call 000. Nearest public hospital is Barwon Health Hospital on Ryrie St & Bellerine St, Geelong VIC 3220. Please advise an organiser of any injuries.



Venue map:

Monday 24 September 2018

5/10km races, high jump, long jump, trials & slalom

8am - 4pm

Location: Belmont Criterium Track, 1 Barwon Heads Rd, Belmont VIC 3216

Food and drinks: Various shops and shopping centre across the road. Toilets available on site.

Transport/Facilities: On several bus routes, parking available at venue.

Activity: 5km standard wheel, 10km standard wheel, 10km unlimited wheel (competitors to only ride in one event each). The 5km standard wheel event is intended for newer riders.

The rides are held around a 2.1km lap so for the 5km race it will be about 2.4 laps and for the 10km race it will be about 4.8 laps.

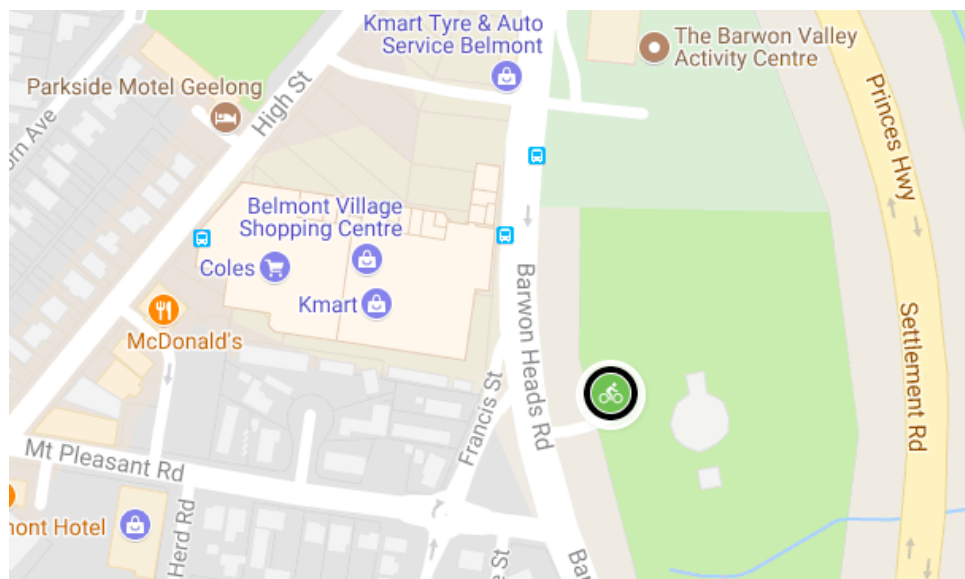
A standard wheel is one with a diameter up to 24" and minimum crank length of 125mm. An unlimited wheel allows any size wheel and cranks, and allows gears (but not electric assist!).

Start time	Activity
8am - 8:30am	Set up
8:30am - 10am	5k/10k/unlimited wheel races
10am - 10:30am	Pack up
10am - 12pm	Skills share, high jump, long jump
8am - 1pm	Trials set up
1pm - 4pm	Trials and slalom
4pm - 5pm	Pack up

Protective gear: Helmet required, gloves and knee/shin pads required.

Emergencies: Call 000. Nearest hospital is Sutherland Hospital at the Kingsway, Caringbah. Please advise an organiser of any injuries.

Venue map





unicycle.com

Many thanks to all the crew at unicycle.com Australia for their tireless support of Uninats, with donations of prize vouchers and other give-aways.

Go and visit them for all your unicycling needs, either at their stand at Uninats or online:

www.unicycle.com.au

Credits and thanks

The Uninats 2018 Organising Committee wishes to thank everyone who contributed to making Uninats happen, including assistance of City of Greater Geelong Council and other venue managers.

Special thanks to pallet collectors, trials builders, judges, marshals, ribbon writers and all the non-riding volunteers - we couldn't do it without you!

- from Catherine Nitz, Cris Bailiff and Steven Hughes

Thanks to all riders for your participation!

We hope you have a great time and see you at the next Uninats!